

Greater Charlotte Region Perinatal Nurse Seminar

FOCUSING ON THE 4TH TRIMESTER



FEATURING

Kimberly Harper MSN, RN, MHA & Liz Soto BSN, RN

Description:

Going from pregnancy, labor, and birth to bringing a baby home is a big transition. It is a journey with changing hormones, body image, and roles, while learning to feed and care for a newborn and navigate relationships and expectations. This journey can be challenging, especially when one has also been incarcerated

Kimberly Harper MSN, RN, MHA and Liz Soto BSN, RN from the 4th Trimester and Maternal Health Innovations Projects will share some tools for nurses to help families navigate these turbulent times.

Seminar Objectives:

1. Describe maternal warning signs and advocacy opportunities.
2. Discuss the impact of the Dignity Bill for incarcerated women.
3. Explain the concept of the 4th Trimester and opportunities to improve postpartum care.

North Carolina
PERINATAL ASSOCIATION



UNC | SCHOOL OF MEDICINE
Pediatrics, Obstetrics and Gynecology

Collaborative for Maternal and Infant Health

FRIDAY, DEC 2, 2022
9:30 AM – 3:00 PM
CAROMONT REGIONAL
MEDICAL CENTER

FREE

NURSING CONTACT HOURS

Three nursing contact hours for all participants who attend the whole session.

AGENDA:

- 9:30 Registration
- 9:45 Welcome
- 10:00 Maternal Warning Signs
- 11:15 Perinatal Incarceration
- 12:15 LUNCH ON YOUR OWN
- 1:30 4th Trimester
- 2:30 Wrap Up
- 3:00 Dismissal

Register [at this link](#) or scan QR code below.

