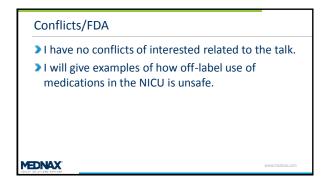
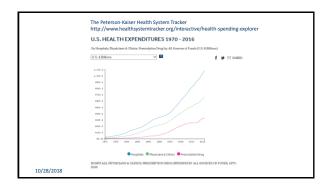
DEFINING AND IMPROVING VALUE IN PEDIATRIC AND NEONATAL CARE Reese H. Clark, MD VP Research, MEDNAX



Objectives

Define the term health care value
Explore problems with measuring value
Discuss some of the measures of value
Define 2 ways to improve value in health care



Country comparison:

Total health expenditures as percent of GDP, 1870 - 5018

105.

106.

107.

108.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

109.

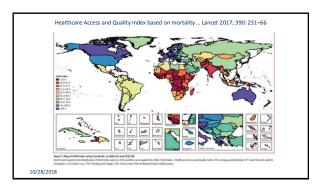
109.

109.

109.

109.

If this cost was associated with world class outcomes, it might be worth it, but US health care is not the best in the world.



Medscape: What are your goals for healthcare in the United States? Interview with Dr. Berwick

- > The healthcare system we have simply cannot be
- > Create a healthcare system that is just, safe, infinitely humane, and that takes only its fair share of our wealth that engages only in work that actually improves the lives of patients, families, and communities.
- ...Healthcare is a human right. We are the only Western democracy that hasn't made it a human right.

MEDNAX http://www

Medscape: What are your goals for healthcare in the United States? Interview with Dr. Berwick

- > We need to have a system that focuses on patientcentered care. Patients need to be able to experience transparency, individualization, recognition, respect, dignity, and choice in all matters.
- ...benefits of data. All philosophies of improvement depend on having information.
- > Improvement requires this transparency—turning the lights on—to support learning and to usher in productive changes.

http://www.medscape.com/viewarticle/851893

Is the care we provide safe?

- "Using a weighted average of the 4 studies, a lower limit of 210,000 deaths per year was associated with preventable harm in hospitals.
- ...the true number of premature deaths associated with preventable harm to patients maybe than 400,000 per year.
- Serious harm seems to be 10- to 20-fold more common than lethal harm."

James, J.T. A New, Evidence-based Estimate of Patient Harms Associated with Hospital Care. Journal of Patient Safety: September 2013 - Volume 9(3):p 122-128

Examples of Harm in the NICU

- ▶ Being admitted hypothermic
- > E-Ferol
- > Heparin and IVH
- > Infusion of breast milk in IV
- > Lipids being infused at hyperalimentation rate and hyperalimentation being infused at the lipid rate.

> ...

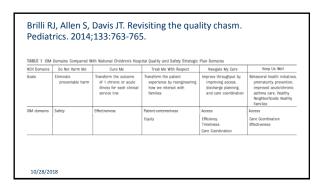
MEDNAX

Cost of Adverse Events/Medical Errors

EQUAL TO UP TO 45% OF HEALTH CARE SPENDING

Source: National Center for Policy Analysis

MEDNAX



TRADITIONAL PAYMENT SYSTEM Providers/Hospitals are typically are not compensated for producing value. Instead, they are rewarded for the volume of services they provide THINGS HAVE AND ARE CHANGING Pay for performance Value based care Accountable Care Organizations (ACOs) ...

MEDNAX





What is value?

Noun

the amount of money that something is worth: the price or cost of something

something that can be bought for a low or fair price

Verb

to make a judgment about the amount of money that something is worth

to think that (someone or something) is important or useful

Porter ME. What Is Value in Health Care? New England Journal of Medicine. 2010;363:2477-2481

- > Value = Outcomes/Costs (Encompasses efficiency)
- > Or maybe Outcomes/What the health care team gets paid
- > Cost reduction without regard to the outcomes
 - · Dangerous and self-defeating
 - False "savings"
- The patient who dies reduces health care cost but no one would say that is a good outcome of a health care encounter or a health care system
- > Outcomes (numerator)
 - Inherently condition-specific and multidimensional
 - · No single outcome captures the results of care

MEDNAX

www.mednax.com

Porter ME. What Is Value in Health Care? NEJM. 2010;363:2477-2481

- Cost (denominator) = total costs of the full cycle of care for the patient's medical condition, not the cost of individual services.
- > To reduce cost, we may spend more on some services to reduce the need for others.
- This is particularly true of children as the cost of care is amortized over a lifetime.
- Preventing premature birth and promoting normal neurodevelopmental outcomes can improve the quality of life and reduce cost of care.

MEDNAX

www.mednax.com

The perspective of value matters

- > Patients
- > Employers
- Payers
- ▶ Providers

MEDNAX

ww.mednax.con

Problems

- Cost is always the sum of everything paid for that service (insurance payments, copays, interventions/medications deductibles, etc.)
- > Costs are often reduced (or increased) without regard to outcome.
- Providers contracting with payers are constantly increasing or decreasing their costs with no change in their patient outcomes.
- Medications are prescribed that may increase harm (associated with a worse outcome) and cost.
- The patient may perceived that they received valuable care because they got the antibiotics they wanted but the opposite may be true. The over use of antibiotics promotes the emergence of resistant organisms and this effects everybody.

MEDNAX

www.mednax.co

The Value Equation's Components

Outcome Measures (Numerator)

How do we measure the quality of the care we provide in the $\ensuremath{\mathsf{NICU?}}$

10/28/2018

Domains

- Delivered to defined patient/s, by a defined provider/s and must relate to one domain.
 - Process a health care service provided to or on behalf of a patient.
 - · Outcome a patient's health state resulting from health care.
 - Access the patient's attainment of timely and appropriate health care.
 - Patient experience a patient report about observations of and participation in health care.

MEDNAX

ww.mednax.com

Guidelines for Measurement National Quality Measures Clearinghouse

- Quality of Care
 - The degree to which health care services for individuals and populations increase the likelihood of desired health outcomes and are consistent with current professional knowledge.
- ➤ Measurement
 - Assigning a quantity to quality by comparing it with a criterion.

MEDNAX

www.mednax.o

Reliability vs Validity

- Reliability is the extent to which variation in the outcome measure is due to <u>variation in quality of care rather than</u> <u>random variation</u> due to the sample of cases observed
- Validity <u>is the accuracy</u> with which the outcome measure reflects the quality of care on average.
- Validity depends on the accuracy of calculations: whether complete records are available and the accuracy of the data in the medical record.

MEDNAX

w.mednax.com

http://www.qualityindicators.ahrq.gov/Modules/PDL_TechSpec.aspx

AHRQuality Noticitors.

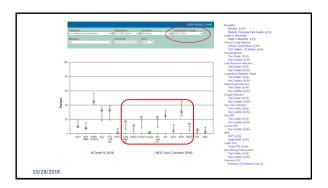
Hume Modules Sufficient News Recovers FACE & Dispose Archives

Poll Browners
(Vill Bookers)

Poll Bookers
(Vill B

Frame of Reference/Benchmark Comparison Group Matters







Problems With the General Application of Any Model

- > Standardized Rate: Observed outcome rate divided by the predicted rate
- Inadequate sample size (but may be slow in identifying poor performers if we have to wait for adequate sample size)
- > Selection biases
- > Comparison group/benchmark
- > How the model is built
- > Neonatal care changes and the model must be recalibrated

MEDNAX

www.mednax.com

What is SMR (Shrunken)?

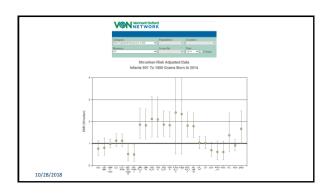
- "A shrunken standardized morbidity or mortality ratio (SMR) and its upper and lower bounds indicate whether your center has more or fewer infants with the outcome than would be expected given the characteristics of infants treated at your center. It is calculated as observed/expected rate of the event being measured."
- https://nightingale.vtoxford.org/help/!SSL!/WebHelp/SMR.htm

MEDNAX

www.mednax.o

DOES RISK ADJUSTMENT WORK?
Look at the next 2 slides.
The data is from the same site and measured by the same group.
What makes the difference?
Why do the error bars and point estimates of the standardized outcomes change?

How do you want to be graded?
How do you want your quality measured?







Do we really know the cost of health care?

Costs, charges and payments
Variable costs (salaries of clinicians, costs of supplies and medications)
Fixed costs (overhead expenses and cost of equipment, land and buildings)
Hospital charges are list prices for medical services

List prices (charges) are not reflective of what patients/insurance actually pay.

SIX CATEGORIES OF WASTE

> Overtreatment

> Failures of care coordination

> Failures in execution of care processes

> Administrative complexity

> Pricing failures

> Fraud and abuse

> The sum of the lowest available estimates exceeds 20% of total health care expenditures.

Berwick DM, Hackbarth AD. Eliminating waste in us health care. JAMA. 2012;307:1513-1516

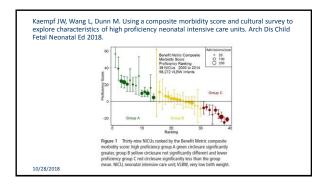
Kaempf JW, Zupancic JA, Wang L, Grunkemeier GL. A risk-adjusted, composite outcomes score and resource utilization metrics for very low-birth-weight infants. JAMA Pediatr. 2015;169:459-465

| Value = | Executive | Floring | Fl

Kaempf JW, Wang L, Dunn M. Using a composite morbidity score and cultural survey to explore characteristics of high proficiency neonatal intensive care units. Arch Dis Child Fetal Neonatal Ed 2018.

Cultural, environmental and cognitive characteristics vary among NICUs perhaps more than traditional CQI methodology and PBPs, possibly explaining the inconstancy of VLBW infant morbidity reduction efforts.

10/28/201





What are some of the ways to decrease healthcare cost in the newborn care?

10/28/2018

Prevent Morbidities

10/28/2018

Johnson TJ. Cost of morbidities in very low birth weight infants. J Pediatr. 2013;162:243-249.

3 425 VLBW infants born alive between July 2005 and June 2009 at Rush University Medical Center.

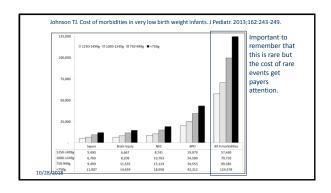
3 After controlling for birth weight, gestational age, and sociodemographic characteristics

5 brain injury associated with a \$12,048 increase in costs;

6 necrotizing enterocolitis, with a \$15,440 increase costs;

7 branchopulmonary dysplasia, with a \$31,565 increase;

8 and late-onset sepsis, with a \$10,055 (P < .001) increase.

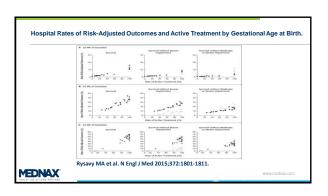


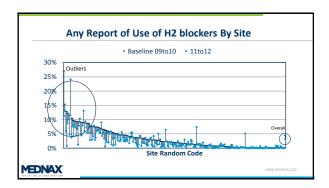
Reduce site variability in care and outcomes

Site variation is real; it is large and

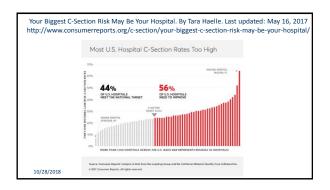
it influences everything (cost and outcomes

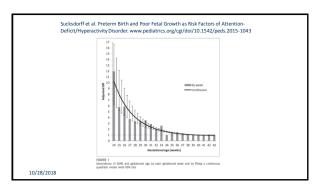
and patient satisfaction and families and ...)





Reduce early delivery (Late Preterm/Early Term)







Antenatal Corticosteroid Therapy Before 24 Weeks of Gestation: A Systematic Review and Meta-analysis. Park, C et al. Obstetrics & Gynecology. 127(4):715-725, April 2016.

CONCLUSION:

The available data, all observational, show reduced odds of mortality to discharge in neonates born before 24 weeks of gestation who received antenatal corticosteroids and active intensive treatment.

Antenatal corticosteroids should be considered for women at risk of imminent birth before 24 weeks of gestation who choose active postnatal resuscitation

MEDNAX

Chawla S, et al. Association of Neurodevelopmental Outcomes and Neonatal Morbidities of Extremely Premature Infants With Differential Exposure to Antenatal Steroids. JAMA Pediatr. Published online October 10, 2016. doi:10.1001/jamapediatrics. 2016.1936

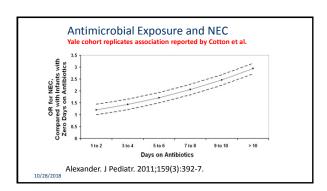
- Observational cohort study, participants were extremely premature infants (birth weight range, 401-1000 g; gestational age, 22-27 weeks) who were born at participating centers of the NRN between January 2006 and December 2011.
 - 848 infants in the no ANS group
 - 1581 in the partial ANS group
 - 3692 in the complete ANS group

Chawla S, et al. Association of Neurodevelopmental Outcomes and Neonatal Morbidities of Extremely Premature Infants With Differential Exposure to Antenatal Steroids. JAMA Pediatr. October 10, 2016. doi:10.1001/jamapediatrics.2016.1936

- Among the no, partial, and complete ANS groups, there were significant differences in the rates of:
 - mortality (43.1%, 29.6%, and 25.2%, respectively)
 - severe intracranial hemorrhage among survivors (23.3%, 19.1%, and 11.7%),
 death or necrotizing enterocolitis (48.1%, 37.1%, and 32.5%),

 - and death or bronchopulmonary dysplasia (74.9%, 68.9%, and 65.5%).
- · Death or neurodevelopmental impairment occurred in 68.1%, 54.4%, and 48.1% of patients in the no, partial, and complete ANS groups, respectively. Logistic regression analysis revealed that complete (odds ratio, 0.63; 95% CI, 0.53-0.76) and partial (odds ratio, 0.77; 95% CI, 0.63-0.95) improved outcomes.

Antibiotic Stewardship



Do not use things that do not work.

Campbell BT, Herbst KW, Briden KE, Neff S, Ruscher KA, Hagadorn JI. Inhaled nitric oxide use in neonates with congenital diaphragmatic hernia. Pediatrics. 2014;134:e420-e426.

Data were analyzed for 1713 neonates with CDH in 33 hospitals.

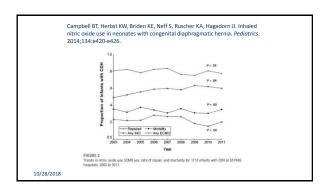
Utilization varied dramatically (34% to 92%).

> SS81 million in pharmacy charges.

The proportion of infants receiving INO as well as their duration of therapy increased significantly.

ECMO utilization and mortality did not change significantly during the study period.

Hospital-specific mortality rates did not correlate with INO therapy, ECMO utilization, or case volume.



Choosing Wisely in Newborn Medicine: Five Opportunities to Increase Value
Timmy Ho, MD, Dmitry Dukhown, MD, MPH, John A.F. Zupancic, MD, ScD, Don A. Goldmann, MD, Jeffrey D. Horbar,
MD, DeWayne M. Pursley, MD, MPH

1. Avoid routine use of antireflux medications for treatment of symptomatic
gastroesophageal reflux disease or for treatment of apnea and desaturation in
preterm infants.
2. Avoid routine continuation of antibiotic therapy beyond 48 hours for initially
asymptomatic infants without evidence of bacterial infection.
3. Avoid routine use of pneumograms for predischarge assessment of ongoing
and/or prolonged apnea of prematurity.
4. Avoid routine daily chest radiographs without an indication for intubated
infants.
5. Avoid routine screening term equivalent or discharge brain MRIS in preterm
infants.

MEDNAX

PEDNATRICS Volume 136, number 2, August 2015

What is one of the simplest thing we can do?

In Monte Carlo simulation, current feeding of ELBW infants was associated with 928 excess NEC cases and 121 excess deaths annually, compared with a model in which 90% of infants received ≥ 98% MM.

These models estimated an annual cost of suboptimal feeding of ELBW infants of \$27.1 million (CI \$24million, \$30.4 million) in direct medical costs, \$563,655 (CI \$476,191, \$599,069) in indirect nonmedical costs, and \$1.5 billion (CI \$1.3 billion, \$1.6 billion) in cost attributable to premature death.

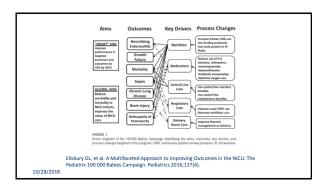
Colaizy et al. Impact of suboptimal breastfeeding on the healthcare and mortality costs of necrotizing enterocolitis in extremely low birthweight infants. Pediatr. 2016; 175: 100–105

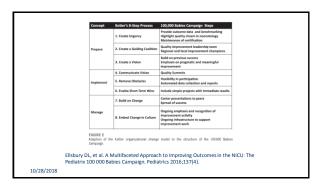
MEDNAX

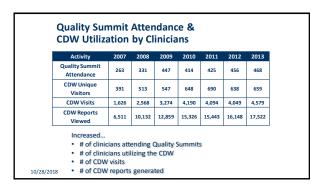
www.mednax.com

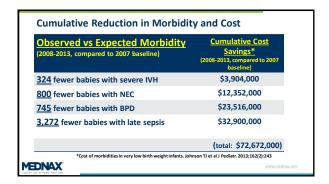


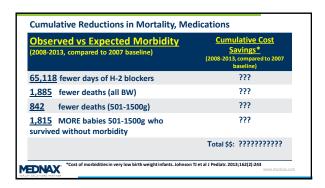












Prevent the need for health care

Fix things right the first time (decrease readmissions)

Improve safety/Do not hurt your patient

David Casarett, M.D. The Science of Choosing Wisely — Overcoming the Therapeutic Illusion. 2016. NEJM 374:1203-5

> "Therapeutic illusion"

When physicians believe that their actions or tools are more effective than they actually are, the results can be unnecessary, dangerous and costly care.

MEDNAX

w.mednax.com



Do You Remember E-Ferol? The Penalty for Selling Untested Drugs in Neonatology

- O'Neal/Jones & Feldman Pharmaceuticals began marketing E-Ferol in the fall of 1983 as a vitamin supplement.
- The product was never submitted for FDA approval. Physicians incorrectly assumed E-Ferol had been tested and approved for use by the FDA
- In 1984, E-Ferol killed at least 38 newborns
- latrogenic disasters are often caused primarily by well-intentioned physicians using logical therapies which turned out to have unexpected, lethal side effects
- On January 19, 1989, three defendants pleaded guilty and were sentenced to fines of \$130,000 each and 6-month jail sentences. Legal settlements in 100,000,000 range.

MEDNAX

Jerold F. Lucey Pediatrics 1992;89;159 www.mednax.co



Let's Stop the Bleeding: Preventing Errors with Heparin Therapy. PA PSRS Patient Saf Advis 2006 Dec;3(4):31.

- Medication error that occurred in an Indiana hospital received nationwide publicity when three premature infants died as a result.
- The infants mistakenly received overdoses of heparin because the wrong strength was used to prepare flush solutions for umbilical lines.
- The error occurred when heparin 10,000 units/mL, 1 mL vials inadvertently were placed into a unit-based automated dispensing cabinet (ADC) pocket where heparin 10 units/mL, 1 mL vials were normally kept.
- While nothing can erase the grief experienced by the families and hospital workers in the wake of this tragic incident, it does serve as a reminder of the need to take a closer look at heparin utilization in our facilities.

MEDNAX

ww.mednax.com

Barriers

- > Inconsistency in team membership.
- > Lack of time.
- > Lack of information sharing.
- > Hierarchy.
- > Varying communication styles.
- Presence of conflict.
- > Lack of coordination and follow-up.
- > Misinterpretation of cues.
- > Lack of role clarity.

MEDNAX

www.mednax.o